

CURRICULUM VITAE

NAME: **Sarianna Elo**

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Education: Post High School, from earliest to most recent:

SUOMEN KOSMETOLOGIKOULU, Helsinki, Finland, 1978-1979.

Studies in dermatology, massage, facial and body therapies. Certification as Cosmetologist: May 4, 1979.

HELSINKI IV COLLEGE FOR HEALTH CARE PROFESSIONALS

Helsinki, Finland, 1983 and 1988-1990.

Major: Physical Therapy. Degrees: Physical Therapist Assistant and Massage Therapist:

December 1983, Physical Therapist: November 9, 1990.

Thesis: Näkokohtia Thoracic Outlet Syndrooman Fysioterapiasta, The Thoracic Outlet Syndrome: Viewpoints for Physical Therapy.

CALIFORNIA COLLEGE FOR HEALTH SCIENCES

National City, California, 1996

Health Psychology (A Master Level course of 3 Semester Units of Credits)

SAINT JOSEPH'S COLLEGE, Division of Graduate and Professional Studies.

Standish, Maine, 1998- 2004. Major: Education

Degree: BS in Professional Sciences: July 22, 2004

EDUCATING HANDS SCHOOL OF MASSAGE, Miami, Florida, 2005-2006.

Florida laws and other classes needed to transfer professional license. LMT license obtained January 28, 2006. Spring semester 2006: Teacher in training. Observed Kinesiology, Massage and TouchAbilities® classes in order to qualify for teaching position.

CALIFORNIA COAST UNIVERSITY, Santa Ana, California, 1997- 2009.

Concurrent Master/Doctoral Program.

Major: Psychology. Master of Science 3/16/2000 GPA 4.0

Ph.D. in Psychology 8/05/2009. GPA 4.0. Dissertation in a topic "Toward the Application of Skilled Human Touch to Enhancing Perceptions of Biopsychosocial Well-Being and Alleviating Symptoms of Depression in Older Adults".

Employment and Positions Held: from earliest to most recent:

Physical Therapist Assistant

CITY OF HELSINKI HEALTH DEPARTMENT. Helsinki, Finland, 1984-1991. Duties: Non-institutional health care including home health and outpatient massage and physical therapy services for adults and the elderly. The work consisted of teaching therapeutic exercises and activities of daily living to groups and individuals, as well as providing physical therapeutic massage and therapy modalities to a diverse clientele.

Physical Therapist

HELSINKI UNIVERSITY CENTRAL HOSPITAL, PSYCHIATRIC CLINIC. Helsinki, Finland, Jan. 1991- April 1991. Duties: Physical therapy including massage and manual body therapies to adult and pediatric psychiatric patients with an emphasis on the total biopsychosocial situation of the patient.

Owner/Director of Physical Therapy

FYSIOTERAPIA VOIMAVARA, Sipoo, Finland, 1991-1993. Duties: Responsibility for the organization, planning, implementation and assessment of massage and physical therapy services taking into account clients' total biopsychosocial condition and life situation. Consulting and starting up massage and physical therapy services for medical care institutions in co-operation with physicians and health care staff.

Physical Therapist

KEWEENAW MEMORIAL MEDICAL CENTER, Laurium, Michigan, 1993-1996. Duties: Planning, assessment and implementation of physical therapy services in an acute care/outpatient setting. Outpatient and inpatient physical therapy in various fields: Musculoskeletal, orthopedic, neurological, pediatric, traumatic, geriatric and psychosomatic conditions. Strong emphasis in manual therapies and therapeutic massage. Key role in planning and implementation of the physical therapy department remodeling project 1994-1996.

Academic Coordinator of Clinical Education (ACCE)

FINLANDIA UNIVERSITY (former Suomi College), PHYSICAL THERAPIST ASSISTANT PROGRAM (PTA), Hancock, Michigan. May 1996-July 1999. Duties: An administrator with faculty status. Co-founder of the program. Responsible of complying with the Commission of Accreditation for Physical Therapy Education (CAPTE) requirements for accreditation as it pertained to clinical education program and teaching responsibilities. Initial accreditation received 1998. Self-study completed 1999.

Administrative, service and scholarship responsibilities consistent with the mission and philosophy of the academic program. Responsibility for the planning, implementation, assessment and coordination of the PTA clinical education program in relation to the academic curriculum. Evaluation of the student's performance and their ability to integrate didactic and clinical learning experiences and to progress within the curriculum. Clinical site recruitment, contracting, development, retention and evaluation. Serve as a liaison between the academic program and clinical education sites. Clinical faculty development. Coordination of student activities during clinical affiliations. Program promotion. Curriculum development for the physical therapist assistant courses consistent with teaching responsibilities.

Administration of clinical education aspect of the program consisted of a total responsibility of the development of clinical education program including recruiting and contracting 34 clinical internship sites, educating and training clinical faculty, and overseeing the implementation of the clinical education program with regular communication and visits to clinical sites. Classroom teaching responsibilities included therapeutic massage, functional activities, body mechanics, patient-practitioner interaction and other biopsychosocial aspects of clinical education.

Owner/Director of Holistic Wellness Services

HOLISTIC BODY THERAPIES AND THERAPEUTIC MASSAGE, San Diego, California 1999 – 2005. Duties: Responsibility for the organization, planning, implementation and assessment of off-premise holistic wellness services. In addition to providing mobile therapy services to individuals and organizations as an independent contractor, the scope of practice included consultation, research, and continuing education in holistic therapies to allied health care practitioners and massage therapists.

Health Spa Therapist VILLA DE LUSSO HEALTH SPA Hilton Mission Bay Resort, San Diego California, May 2002 to present. On-call massage & holistic health therapist for diverse global clientele. Duties: Therapeutic interventions and providing professional evaluation of applicant's skill-level as a part of hiring process of new therapists. Orientation and training of new therapists.

Physical Therapist

CITY OF HELSINKI HEALTH DEPARTMENT. Koskela Hospital. Neurological Rehabilitation Ward G 2, Helsinki, Finland. July-August 2005 -2007. Duties consisted of neurological in-patient rehabilitation by facilitating mobility and teaching therapeutic exercises and activities of daily living as well as providing therapeutic manual and physical modalities to a diverse clientele suffering from neurological conditions including CVA and head injuries. Acted as a physical therapy specialist in regular multidisciplinary medical team meetings.

Physical Therapist

CITY OF HELSINKI HEALTH DEPARTMENT. Laakso Hospital. Neurological Rehabilitation Ward K 14, Helsinki, Finland. June - August 2008, 2009, 2010. Duties consisted of neurological in-patient rehabilitation by facilitating mobility and teaching therapeutic exercises and activities of daily living as well as providing therapeutic manual and physical modalities to a diverse clientele suffering from neurological conditions including CVA and head injuries. Acted as a physical therapy specialist in regular multidisciplinary medical team meetings.

Instructor

EDUCATING HANDS SCHOOL OF MASSAGE, Miami, Florida. From 2006 to present. Duties: Core faculty member with teaching responsibilities. Current classes: Kinesiology, Pathology, Massage and TouchAbilities®, Ethics, Supportive Touch. Student clinic supervisor.

Co-Owner, General Manager, Designer

PELIKAANI ENTERPRISES LTD. Varna, Bulgaria.

Integrated Body Therapist®

INDEPENDENT CONTRACOR. The scope of practice include off-premise therapy, consultation, research, and continuing education.

Special or Short Courses/Continuing Education:

- Supporting Staff Course, Järvenpää City, Finland, 1982. 14 contact hours.
- Seminar on Appliances-Wheelchairs-Clothing for the Disabled, Invalidisäätiö, Helsinki, Finland, 1985.

- Civil Defense: General Course, Fire Fighting, Civil Rescue, Helsinki City Civil Defense Center, Helsinki, Finland, 1986. Civil Defense Supervisor Course, Helsinki City Civil Defense Center, Helsinki, Finland, 1987. 31 contact hours.
- Therapeutic Senior Dancing Instructor, Kuntokallio, Sipoo, Finland 1987. 21 contact hours.
- Reflexology Therapy Course, Peltonen, R., Helsinki, Finland, 1987. 32 contact hours.
- Fitness Center Instructor Course, Solana, Helsinki, Finland, 1988. 15 contact hours.
- Alexander Technique Course, Gilbert. T., Lärkulla, Finland 1993. 16 contact hours.
- Participation into the annual Finnish Physical Therapist Assistant Association Seminars from 1982 to 1988.
- Participation into the annual Finnish Physical Therapist Association Seminars from 1988 to 1993.
- Back Pain Management, Marquette General Hospital, Marquette, MI, 1995. 6 contact hours.
- Functional Capacity Assessment, Johnson. B., Marquette, MI, 1995. 6 contact hours.
- Osteoporosis Management, Keweenaw Memorial Medical Center, 1996.
- Topics in Pediatrics, American Physical Therapy Association (APTA) 1996. 2.4 CEUs (24 contact hours).
- Cultural Diversity in Physical Therapy Education, APTA, Washington D.C. 1996. 1.1 CEUs (11 contact hours).
- National Clinical Education Conference, WCEC, Milwaukee, WI. 1997. 1.52 CEUs (15.2 contact hours).
- Low Back Pain & Nonorganic Findings, APTA Continuing Ed Series Home Study Course No. 6, 1997. 0.2 CEU (2 contact hours).
- Shattered Glass: How Families Examine Grief, Ben Wolfe, Hancock, MI, 1998. 2 contact hours.
- Lumbar-Pelvic-Hip Complex: Differential Assessment and Manual Treatment. Sipila, V-P, P.T. OMT. Hancock, MI, 1998.14 CEUs.
- Teaching as Human Communication, Kennedy. W. Suomi College, Hancock, MI, 10/6 and 10/8 1998. 4-hour workshop.
- Understanding Your Students & Maximizing Student Motivation, Kennedy, W. Suomi College, Hancock, MI, 11/3 and 11/5 1998. 4- hour workshop.
- Domestic Violence: Listening for the Truths That Patients Are Afraid to Tell, APTA Continuing Ed Series, Home Study Course No. 11, 1998. 0.2 CEU (2 contact hours).
- Effective Lecturing, Kennedy. W. Suomi College, Hancock, MI, 2/10 and 2/17 1999. 4 hour workshop.
- Fostering Productive Discussions – Active Learning Strategies, Kennedy W. Suomi College, Hancock, MI, 3/17 and 3/24 1999. 4-h our workshop.
- APTA Combined Sections Meeting, Seattle, WA, Feb. 3-7, 1999. 26 contact hours.
- Tuina Massage Hand Techniques and Arthritis, Workshop, New Orleans, LA, April 17-18, 1999. 16 CEUs.
- Cervical-Thoraco-Shoulder Complex: Differential Assessment and Manual Treatment. Sipila, V-P, P.T. OMT. Suomi College, Hancock, MI, May 1-2, 1999. 14 CEUs.
- Multicultural Care, Long, P. E., RN, MSN, ARNP, Parish Nurse. & Arthritis: New Treatment Options, Wright, W. L., MS, RN, ARNP, FNP. 8th International Nurse Practitioner Conference, San Diego, CA, September 29, 2000. 3 contact hours.

- Feldenkrais, Tai Chi, Yoga and Pilates in Physical Therapy. San Diego District APTA Continuing Education Course. Jeanne Hills, PT, OCS, CFP, Nataly Pluta, PT, MRA, CAS, YT, Alan Chong Lee, MA, MSPT, Laura J. Hill, MPT. San Diego, CA, May 12, 2001, 8 CEUs.
- Heated Stone Massage. Gordon, F., HHP & Rosalie, S., CMT. Mueller College of Holistic Studies, San Diego, CA, Sept. 8, 2001, 7 CEUs.
- East/West Synergy: Combining deep and soft tissue massage with the benefits of flow-of-Qi and meridian balancing and acupressure while working to remove the emotional issues associated with each part of the body. Livni-Hersh, Osi, OBT. Mueller College of Holistic Studies, San Diego, CA, Sept. 24-Oct. 22 2001, 20 CEUs.
- Touch Research Workshop. Hands on experience in both conducting massage research protocols and learning various aspects of research including different forms of data collection such as interviews, questionnaires, behavioral observations, monitoring psychological measures and collecting biochemical samples including saliva and urine. Tiffany Field, Ph.D., Director. TRI, University of Miami School of Medicine, Miami, FL, Jan. 28-29, 2002, 12 CEUs.
- Myofascial Release and Its Applications in Therapy. Mark F. Barnes, MPT & Brian J. Barnes, RMT, MaTh, CPE. OTAC Annual Conference, San Diego, CA, October 27, 2002, 8 CEUs.
- Review for National Examination in Massage Therapy and Bodywork, Mueller College of Holistic Studies, San Diego, CA, November 2003, 12 CEUs.
- Various classes including Florida Law, HIV/AIDS, CPR and First Aids as required by Florida Board of Massage Therapy to obtain licensure as Licensed Massage Therapist. Educating Hands School of Massage, Miami, FL, Oct. –Dec. 2005.
- ABC's of Geriatric Massage. Written examination and practical application. Sharon A. Puszko, PhD, CMT. Day-Break Institute of Geriatric Massage. November, 2006, 12 CEUs.
- Geriatric Massage- Level 1. Sharon A. Puszko, PhD, CMT. Day-Break Institute of Geriatric Massage CE seminar at Educating Hands, Miami FL, Feb. 23-25, 2007, 18 CEUs.
- Communicable Disease Education 2 hours; HIV/AIDS 2 hours; Preventing Medical Errors 2 hours; Professional Ethics 2hours; Laws and Rules Governing Massage Practice 2hours; Massage Therapy in Insurance Reimbursement 8 hours; Medications & Massage Therapy Part I: Introduction to Pharmacology 4hours, Part II: Common Gastrointestinal & Pain Medications 4 hours; Care for Special Populations 2 hours. Elite CME. 26 CEUs.
- TouchAbilities® Company Convergence. TouchAbilities and SenseAbilities™ mastery class. Iris Burman, LMT & Sandy Friedland, LMT. Educating Hands, Miami, FL, Jan 3-5.2008, 18 contact hours. 18 CEUs.
- TouchAbilities® Development Salon. Oct. 25 and Nov 5, 2008. Iris Burman, LMT and Sandy Friedland, LMT, Miami, FL, 5 contact hours.
- Ethics, HIV/AIDS Update, Medical Errors & Florida Law Update. Dava Michelson, Juan Carlos Riascos, Iris Burman & Ed Wilson. Educating Hands, Miami, FL, Jan. 31, 2009, 7 CEUs.
- Reflexology Levels 1, 2 and 4 (Ear Reflexology), March-October 2009, Ed Wilson, LMT, Ph.D., Deb Kortyna, NBCTMB, NBCR, 54 CE.
- Multidimensional Movement Arts MDMA Water Therapy Event. Sandy Friedland, LMT. Oasis, Miami FL Nov. 8, 2009. 3 CEUs.
- Tai Chi for Balance, Fall Risk Reduction and Rehabilitation. Brian Tuesca, PT. Cross Country Education. Fort Lauderdale, FL. March 22, 2010. 6 CEUs.

Licensure Information/Registration Number:

Licensed Physical Therapist Assistant and Massage Therapist in Finland since 1983.
Licensed Physical Therapist in Finland since 1990.
Passed the U.S. National Physical Therapist Board Exam 1994.
Licensed Physical Therapist in the State of Michigan since 1994.
License # 5501005757
Licensed Off Premise & Massage Technician in the City of San Diego, California from 1999 to 2005. Permit # 20899
Nationally Certified in Therapeutic Massage and Bodywork since 2003.
Licensed Massage Therapist in the State of Florida since 2006. # MA46111.

Publications:

- "Kuntohoitaja kotikäynnillä", (PTA in Home Health Care), Kuntohoitaja, 3, 1988, pp. 10-11.
- "Vanheneminen tuo muutoksia", (Aging Brings Changes), Kuntohoitaja, 4, 1988, pp. 18-19.
- "Luukudoksen rasituskestävyys ja osteoporoosi", (Compression Stress Capacity of Osteoporotic Bone), Kuntohoitaja, 4, 1989, pp. 8-9.
- "Bulgaria - ruusuja, yrttejä ja balneoterapiaa", (Bulgaria - Roses, Herbs, and Aquatic Therapy), Kuntohoitaja, 4, 1989, pp. 18 - 21.
- "Väriterapia - sovellutus rentoutuksesta", (Color Therapy - Application in Relaxation Techniques), Kuntohoitaja, 3, 1990, pp. 6-7.
- "Kävely on ihmisen perusliikuntamuoto", (Walking, a Basic Exercise Programme for a Human Being), Kuntohoitaja, 3, 1991, pp. 6-9.
- "Suomi College aloittaa kuntohoitajien koulutuksen", (Suomi College is developing a Physical Therapist Assistant Program), Kuntohoitaja, 4, 1996, pp. 8-10.
- Physical Therapist Assistant Program: Handbook for Clinical Educators. Suomi College, Hancock, MI (1996, revised 1997 and 1998).
- Physical Therapist Assistant Program: Student Manual for Clinical Practice. Suomi College, Hancock, MI (1997, revised 1998).
- Collaborative Clinical Education Model for Physical Therapist Assistant Students: How to make it Work. Suomi College. Hancock, MI (1997).
- Clinical Education Program: Clinical Faculty Development Plan. Suomi College. Hancock, MI (1998).
- "The Application of Skilled Human Touch to Enhancing Perceptions of Biopsychosocial Well-being and Alleviating Symptoms of Depression in Older Adults" Doctoral Dissertation, California Coast University, May 8, 2009, abstract available at en.worldpress.com/category/holistic-massage

Membership in Scientific/Professional Honorary Societies:

- Finnish Physical Therapist Assistant Association, 1983-1988
- Finnish Physical Therapist Association from 1988 to present
- World Confederation for Physiotherapy (WCPT) from 1988 to present
- American Physical Therapy Association (APTA) from 1996 to present
 - APTA Section for Education, 1996-2000
 - APTA Section on Pediatrics, 1996-1997
 - APTA Section of Physical Therapy Research, 1998-2000

- Michigan Physical Therapy Association, 1996-2000
- California Physical Therapy Association from 2000 to 2004
- Associated Bodyworkers & Massage Professionals from 2000 to 2006
- Finnish Health Care Professional Organization TEHY from 2008 to present

Positions Held in Scientific/Professional Honorary Societies:

- Finnish Physical Therapist Assistant Association
A member of the Educational Committee, 1985-1988.
- Finnish Physical Therapist Assistant Association
A member of the Editorial Committee, 1987-1992

Consultative and Advisory Positions Held:

- **Physical Therapy Consultant.** (Fysioterapia Voimavara) AHTILAN TOIPILASKOTI (Ahtila Recovery Home), Sipoo, Finland, 1991-1993.
Planning, assessment and implementation of physical therapy services for drug and alcohol abusers with an emphasis on manual therapies and biopsychosocial approach to physical therapy.
- **Physical Therapy Consultant.** (Fysioterapia Voimavara). PAIVOLA, Sipoo, Finland, 1991-1993. Planning, assessment and implementation of physical therapy services for developmentally disabled adults and adolescents with an emphasis on manual therapies and biopsychosocial approach to physical therapy.
- **Physical Therapy Consultant.** (Fysioterapia Voimavara) ENSI-KOTI LIITTO, Sipoo, Finland, 1992-1993. Planning, assessment and implementation of Reflexology Therapy and massage lectures, and self-treatment courses for single parents.
- **Participation to Quality Assurance Project.** Keweenaw Memorial Medical Center, Laurium, Michigan, 1995.
- **A Member of the Advisory Committee of the PTA Program**
FINLANDIA UNIVERSITY (formerly Suomi College), Hancock, Michigan, 1996 -.
- **Physical Therapy Consultant.** Hilton San Diego Resort, San Diego, CA, 2000- 2004.
Professional advisor in new therapist hiring process.

Community Activities:

- **A Member of the Community Theater Group Studio Kalliola**
Helsinki, Finland, 1986-1988
- **A Member of the Community Theater Group**
Sipoo Finland, 1992-1993

Additional Teaching Experience; Scientific and Professionals Presentations:

- **An Instructor/Director of Drama Classes.** Planning and teaching of the drama classes and directing of the biannual plays for 1-6-grade students.
KULOSAARI ELEMENTARY SCHOOL, HELSINKI, FINLAND
1987-1988, Contact Person: Maire Halttunen, Principal

- **A Guest Lecturer** For first year nursing students.
Subject: Body Mechanics, Transfers, and Assistive Devices
Dates: Fall –96, Fall –97, Fall –98. (A two-hour lecture/lab)
SUOMI COLLEGE, NURSING DIVISION, Hancock, Michigan
Contact Person: Darlene Pomroy, M.S.N, Assistant Professor of Nursing
- **Fitness Consulting and Body Fat Measurements**
For Physical Education Students
Dates: Fall –98, Spring –99. (A two-hour session)
SUOMI COLLEGE, PHYSICAL EDUCATION DIVISION, Hancock, Michigan
Contact Person: Carol Dolata, M.A. Associate Professor and Chair of Physical Education

Presentations:

- Title: **Implementation of Interferential Electrical Stimulation**
Keweenaw Memorial Medical Center; In-service to peers, May 1995
- Title: **Reflexology**. Keweenaw Memorial Medical Center; In-service to peers, September 1995.
- Title: **Osteoporosis and Physical Activity**. Keweenaw Memorial Medical Center; A paper for a community osteoporosis program, April 1996.
- Title: **Physical Therapist Assistant Program (PTA) Progress Report**
Suomi College; Presentation to the Suomi College Board of Trustees
September 26, 1996, and September 30, 1997.
- Title: **Passive Range of Motion, Body Mechanics, Safe Lifting and Transfer Techniques**.
Suomi College, Nursing Program, first year nursing students; Lecture, handouts and lab practice, 2 hours, Fall 1996, 1997, and 1998.
- Title: **Suomi College, a Piece of Finland in the United States**
Kulosaari High School, Helsinki Finland; Presentation to the faculty and students
January 22, 1997.
- Title: **Women in Their Cultures**, Finnish women’s position in their society; legally, in the workforce, and in decision making. Suomi College: Campus Enrichment Panel, March 12, 1997, and March 26, 1998.
- **PTA Program Progress Report**, Suomi College; Presentation to the Suomi College Board of Trustees, April 18, 1997.
- Title: **1997 National Clinical Education Conference Review**, Suomi College; In-service to Peers, May 8, 1997.
- Title: **PTA Program Clinical Education Progress Report**, Suomi College; Presentation to the Finnish Council of America, July 18, 1997.
- Title: **PTA Program Presentation**, Franklin Square, the Northern Lights, Houghton; Presentation to the Rotary Club, September 25, 1997.
- Title: **PTA Program Presentation**, Suomi College, PTA Department; Clinical Progress Report to the Spouses of the Suomi College Board of Trustees as a part of a department presentation, May 15, 1998.
- Title: **PTA Program Accreditation Announcement and Progress Report**, Suomi College, the Finnish American Heritage Center; Presentation to the Suomi College Board of Trustees; Curriculum and Instruction Committee, May 15, 1998.

- Title: **Biomechanics of Lifting: Safe Lifting Procedures**, Michigan Technological University; A two-hour session as a part of the Women and Minorities in Engineering seminar, August 7, 1998.
- Title: **Introduction to Touch Research**. Koskela Hospital Neurological Rehabilitation Ward. Helsinki, Finland. In-service to peers. July, 2005.
- Title: **Updates in Touch Research and Introduction to TouchAbilities® Concept**. Laakso Hospital Neurological Rehabilitation Ward. Helsinki, Finland. In-service to peers. July, 2008.

Continuing Education Workshops Conducted/Organized/Facilitated:

- A member of the **Finnish Physical Therapist Associations'** organization team for the annual continuing education workshops, 1993-1988.
- **Spring 1998 Suomi College Workshop for Clinical Educators**
Suomi College, PTA Department, April 11, 1998. Conducted and organized an annual one day workshop & facilitated the following sessions:
 1. The role of clinical education and clinical educators
 2. Evaluating PTA students
 3. Issues related to supervision and communication between the student and clinical instructor to assure patient safety
 4. Using the PTA Blue MACS as a competency based clinical assessment, study, and performance guide
- **Fall 1999 Suomi College Workshop for Clinical Educators**
Suomi College, PTA Department
Planned an annual one-day workshop & following sessions:
 1. The PTA academic and clinical curriculum
 2. Development projects for clinical faculty
 3. Resources at Suomi College
 4. Collaborative clinical education model for PTA students
- **Continuing Education in Reflexology**
Hilton Resort, Villa Di Lusso Spa, San Diego, California
Workshop for Massage Therapists
10/17 2000 and 10/26 2000 (two 2 hour sessions)
- **Geriatric Massage- Level 1**. Facilitated a continuing education seminar for Sharon A. Puszko, PhD, CMT. Day-Break Institute of Geriatric Massage CE seminar at Educating Hands, Miami Florida, Feb. 23-25, 2007, 18 contact hours.
- **Ethics, HIV/AIDS Update, Medical Errors & Florida Law Update**. Facilitated a continuing education seminar for Dava Michelson, Juan Carlos Riascos, Iris Burman & Ed Wilson at Educating Hands, Miami, FL, Jan. 31, 2009, 7 contact hours.
- **Reflexology Levels 1 and 2**. Facilitated a continuing education seminar for Ed Wilson, LMT, Ph.D. at Educating Hands, Miami, FL, March 29-30, 2009 and May 3-4 2009, 36 contact hours.
- **Reflexology Level 4 (Ear Reflexology)**. Facilitated a continuing education seminar for Deb Kortyna, NBCTMB, NBCR, and Ed Wilson, LMT, Ph.D., at Educating Hands, Miami, FL, October 18-19, 2009, 18 contact hours.

Services to the University/College/School on Committees/Councils/Commissions: memberships and chairmanships:

- **Chairman of the Entertainment Committee, HELSINKI IV COLLEGE FOR HEALTH CARE PROFESSIONALS, Physical Therapist Assistant Department, Course KH 19/k83.**
- **Treasurer, HELSINKI IV COLLEGE FOR HEALTH CARE PROFESSIONALS Physical Therapist Department, Course LV 49, 1989-1991.**
- **Campus Enrichment and Heritage Committee, SUOMI COLLEGE, 1996-1999.**
- **Student Enrollment Committee, SUOMI COLLEGE, 1997-1999.**
- **TouchAbilities® Development Committee. Educating Hands, Miami, FL, 2008 -.**